



## Summer 2023 Aylmer Pool Program Guide



Registration opens June 5!  
Please register early to avoid disappointment.

### Learn to swim with the Lifesaving Society's Swim for Life program!

Swim for Life® stresses lots of in-water practice to develop solid swimming strokes and skills. We incorporate valuable Water Smart® education that will last a lifetime.

#### Daytime Swimming Lessons: Tuesday- Friday for 2 weeks, 8 classes (10am-12:15pm)

Register online, by phone, or in person. \$85/Participant/Level; \*10% Family Discount for 3 or more participants. \*Participants must be from same household. Registration must be processed in one transaction for discount to be applied. Lifesaving Training & Aquatic Leadership programs do not qualify for discount. **If financial assistance is required to join in, please contact us to learn more.** We are happy to help determine available options for support.

Level	SESSION 1: July 4-14 Register by June 23	SESSION 2: July 18-28 Register by July 7	SESSION 3: August 1-11 Register by July 21	Session 4: August 15-25 Register by August 4
<b>Parent &amp; Tot 2/3 (Guardian Participation)</b>	11:15-11:45	11:15-11:45	11:15-11:45	11:15-11:45
<b>Preschool 1 (Guardian Participation)</b>	10:00-10:30	10:00-10:30	10:00-10:30	10:00-10:30
<b>Preschool 2</b>	10:30-11:00	10:30-11:00	10:30-11:00	10:30-11:00
<b>Preschool 3</b>	11:45-12:15	11:45-12:15	11:45-12:15	11:45-12:15
<b>Preschool 4/5</b>	11:45-12:15	11:45-12:15	11:45-12:15	11:45-12:15
<b>Swimmer 1</b>	10:00-10:30; 11:45-12:15	10:00-10:30; 11:45-12:15	10:00-10:30; 11:45-12:15	10:00-10:30; 11:45-12:15
<b>Swimmer 2</b>	10:30-11:00; 11:15-11:45	10:30-11:00; 11:15-11:45	10:30-11:00; 11:15-11:45	10:30-11:00; 11:15-11:45
<b>Swimmer 3</b>	10:30-11:00; 11:15-11:45	10:30-11:00; 11:15-11:45	10:30-11:00; 11:15-11:45	10:30-11:00; 11:15-11:45
<b>Swimmer 4</b>	10:00-10:30 10:45-11:15	10:00-10:30 10:45-11:15	10:00-10:30 10:45-10:15	10:00-10:30 10:45-11:15
<b>Swimmer 5/6</b>	10:00-10:45	10:00-10:45	10:00-10:45	10:00-10:45
<b>Swimmer 7/8/9</b>	11:30-12:15	11:30-12:15	11:30-12:15	11:30-12:15

Aylmer Outdoor Pool, 7 Myrtle Street, Aylmer ON N5H 2H2  
 YWCA St. Thomas-Elgin, 16 Mary Street West St. Thomas ON N5P 2S3, 519-631-9800  
 Aylmer Community Services, 20 Talbot Street East Aylmer ON N5H 1H4, 226-210-6800  
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### Evening Swimming Lessons: Tuesdays or Thursdays for 8 weeks, 8 Classes (5-6:30pm)

Register online, by phone, or in person. \$85/Participant/Level; \*10% Family Discount for 3 or more participants. \*Participants must be from same household. Registration must be processed in one transaction for discount to be applied. Lifesaving Training & Aquatic Leadership programs do not qualify for discount. **If financial assistance is required to join in, please contact us to learn more.** We are happy to help determine available options for support.

Level	<b>SESSION 5:</b> Tuesdays for 8 weeks from July 4-August 22; Register by June 23	<b>SESSION 6:</b> Wednesdays for 8 weeks from July 5-August 23 at 5-6pm; Register by June 23	<b>SESSION 7:</b> Thursdays for 8 weeks from July 6-August 24; Register by June 23
<b>Parent &amp; Tot 2/3 (Guardian Participation)</b>	5:00-5:30		5:00-5:30
<b>Preschool 1/2 (Guardian Participation)</b>	5:00-5:30		5:00-5:30
<b>Preschool 3/4/5</b>	5:30-6:00		5:30-6:00
<b>Swimmer 1/2</b>	5:00-5:30		5:00-5:30
<b>Swimmer 3/4</b>	6:00-6:30		6:00-6:30
<b>Swimmer 5/6</b>	5:30-6:15		5:30-6:15
<b>Swimmer 7/8/9</b>	5:30-6:15		5:30-6:15
<b>Adult Swimmer</b>		5:00-6:00	
<b>Fitness Swimmer</b>		5:00-6:00	

### Private/Semi-Private Lessons:

Private: \$100/Participant/session; Semi-Private \$80/participant/session; \*Private/Semi-Private lessons do not qualify for family discount. Level may not be accomplished. Please join wait list for preferred dates/time. Spaces are limited.

**SESSION 8:** Monday evenings July 10-31 for 4 weeks, 4 classes, 30 minutes each;  
Join the waitlist by June 23; 5:00-5:30pm or 5:30-6:00pm



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### Lifesaving Training & Aquatic Leadership

Learn how to teach swimming lessons or start the pathway to becoming a Lifeguard!

<p><b>Lifesaving Society Swim Instructor (20 hours):</b> Learn how to teach swimming lessons and become a qualified Lifesaving Society Swim Instructor! Prepares the instructor to teach and evaluate the swimming strokes and related skills in the Lifesaving Society Swim for Life program. <b>Prerequisites:</b> Age 15 and Bronze Cross or National Lifeguard. <b>Cost:</b> \$140. Swim &amp; Lifesaving Instructor set of manuals is required and can be purchased for \$105 during registration or on the first day of course. 100% Attendance is mandatory.</p>	<p>July 10-August 21 <b>Register by June 23</b> Mondays, 4:15-7:45pm, no class August 7</p>
<p><b>Lifesaving Society Bronze Star (10hours)</b> This course develops swimming proficiency, lifesaving skill &amp; personal fitness. Candidates refine their stroke mechanics, acquire self-rescue skills, &amp; apply fitness principles in training workouts. Bronze Star is excellent preparation for success in Bronze Medallion. <b>Prerequisites:</b> None. Swim Patrol experience recommended (Swimmer 7/8/9 (Rookie, Ranger Star) <b>Cost:</b> \$120, including exam fee.</p>	<p>July 10-August 21 <b>Register by June 23</b> Mondays, 4:45-6:30pm, no class August 7</p>
<p><b>Lifesaving Society Bronze Medallion &amp; Emergency First Aid (20 hours)</b> Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross. <b>Prerequisites:</b> Age 13 or Bronze Star certification. <b>Cost:</b> \$140 includes exam fee. Canadian Lifesaving Manual &amp; Bronze Medallion workbook are required and can be purchased for \$50 during registration or on the first day of course. 100% Attendance is mandatory. Note: Candidates must be able to swim 400 metres (9.5 lengths or 26 widths of the Aylmer Pool) within 12 minutes.</p>	<p>July 11-21 <b>Register by June 23</b> Tuesdays-Fridays from 9:30-12:15 for 2 weeks; additional time for exam may be required</p>
<p><b>Lifesaving Society Bronze Cross (20 hours)</b> This course begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Note: Candidates must be able to swim 400 metres (9.5 lengths or 26 widths of the Aylmer Pool) within 11 minutes. Bronze Cross is a prerequisite for advanced Training for National Lifeguard and Lifesaving Society Instructor certifications. <b>Prerequisites:</b> Bronze Medallion &amp; Emergency or Standard First Aid. <b>Cost:</b> \$160, includes exam fee + Bronze Cross Workbook</p>	<p>August 8-18 <b>Register by July 21</b> Tuesdays-Fridays from 9:30-12:15 for 2 weeks; additional time for exam may be required</p>

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### Recreational Swimming Schedule:

Make a splash & come for a swim at the Outdoor Pool in Aylmer! Begins July 4, 2023!  
Cool off, be active and join the fun of recreational swimming! Pay as you go!

**\*NOTE: Recreational Swimming is not available Monday July 3rd or Monday August 7th, 2023.**

Champion active recreation, connectedness and fun in your community!  
Contact us to learn more about Sponsoring a Free Public Swim!

Swimming Schedule	Daytime	Evening
<b>Monday</b>	1:30-4pm	6:00-7:30pm
<b>Tuesday</b>	1:30-4pm	6:30-7:30pm
<b>Wednesday</b>	1:30-4pm	6:00-7:30pm
<b>Thursday</b>	1:30-4pm	6:30-7:30pm
<b>Friday</b>	1:30-4pm	
<b>Saturday</b>	1:30-4:30pm	

Recreational Swim Rates	Daily (Daytime or Evening)	Swim Pass (12 Swims)
Pay as you go at the pool for each daily swim program! (Cash Only) Swim Passes are not able to be purchased at the pool. Please register in advance online or in person at office for Swim Passes.		
Child (17 & under)	\$4	\$40
Adult	\$5	\$50
Family (up to 6 people of same household, up to 2 adults)	\$15	\$150

### Bather & Pool Admission Guidelines

For everyone's safety, Bather & Pool Admission Standards apply to all recreational swim programs and are in place for all individuals accessing the Outdoor Pool facilities in Aylmer. Recreational swimming is provided based on pool supervision and capacity requirements. Space may be limited. Diving Well availability during public swims will be dependent on staffing.

**All children 12 years of age and younger must be accompanied at the facility and directly supervised in the water at all times by a responsible person 13 years or older.**

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Guests with serious medical conditions are at greater risk while swimming and should be accompanied at all times by a person knowledgeable of their condition and responsible for their direct supervision.

**“Direct supervision” is defined as being in the water and able to render immediate assistance.**

**Swim Testing:** Facility Swim Test requires a swimmer to swim a minimum of 2 widths of the main pool and tread water for one minute. Safety is our priority. Aquatic staff may test or re-test anyone to confirm ability to maintain the swim admission standard.

<b>Children Less than 6 Years of Age</b> 1 Responsible Guardian: 2 Children	Receive a <b>RED</b> wrist band prior to entry, are required to stay in the designated shallow end and must be directly supervised in the water at all times by a responsible guardian aged 13+. The responsible guardian must be able to provide immediate assistance if needed.
<b>Children ages 6-12 Non-Swimmers</b> 1 Responsible Guardian: 4 Children <b>Non-Swimmers with Lifejackets</b> 1 Responsible Guardian:8 Children	Receive a <b>YELLOW</b> wrist band, are required to stay in the designated shallow end and must be directly supervised in the water at all times by a responsible guardian 13+. The responsible guardian must be able to provide immediate assistance if needed.
<b>Children ages 6-12 Swimmers</b>	Receive a <b>GREEN</b> wrist band upon <b>successful swim test</b> and may swim unaccompanied in the pool. Children aged 12 and under must be accompanied at the facility by a responsible guardian who is at least 13 years of age.
<b>Responsible Person 13+</b>	Must identify themselves as a swimmer or non swimmer prior to entry.

### Registration Information & Frequently Asked Questions

Anyone accessing services in person is required to adhere to all provincial and local public health regulations. Please [screen for symptoms](#) prior to attending & stay home if sick. Please monitor the YWCA website for updates throughout the season, follow posted signage and direction from staff.

**Connect with us:** Please speak with your instructor, Aquatics Coordinator or contact the YWCA if you wish to discuss any aspect of programming. Program surveys are distributed regularly. We appreciate your time in providing your feedback!



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**How do we Register? Can we pay at the pool?** Registration in advance is required for all swimming lessons, lifesaving and lifeguarding training courses that take place at the Aylmer Outdoor Pool, 7 Myrtle Street, Aylmer and to purchase recreational swim passes for 12 swims. Registration may be completed online, by phone, or in person during business hours on a first come, first served basis. Payment is required at the time of registration to secure a space. **If financial assistance is required to join in**, please contact us. We are happy to help determine available options for support. Registrations will not be processed at the pool. Spaces are limited. Wait lists may be maintained for some programs, where possible. Anyone on a wait list will only be contacted if a space becomes available. Please ensure profile information is accurate and up to date. If a space becomes available, it will be offered to the first person on the wait list in order of sequence. If response is not received within one business day, the space will be offered to the next person on the wait list. Classes may be added to the lesson schedule where possible. Registration is not required to attend daily recreational swimming and **cash only** payments for daily rates are accepted at the pool.

**Class schedules, changes, delays, cancellations, withdrawals and refunds:** Programs will be available pending sufficient registration and capacity. Participants may be required to move to an alternative time. Schedules are subject to change, delays or cancellations may occur. Notice may be minimal in unexpected situations including but not limited to inclement weather, pool fouling, mechanical issues or facility closure. For the safety of everyone, following any perceived thunder, the pool will be cleared for 30 minutes. Delayed, missed or cancelled programs or swim times are not rescheduled. We will do our best to communicate changes in a timely manner at the Aylmer Pool, on our website and social media where possible. Refunds will not be issued after the session begins, for schedule or program changes, delays, or cancellations. Requests for program withdrawals received at least one business day in advance of session start may be accommodated where possible, subject to a \$10 administration fee. Program withdrawals after session start due to illness or injury may be eligible for refund upon written request minus fees for any sessions attended, program material or supply related costs and a \$10 administration fee. Refunds are not issued for payments received at the pool for daily recreational swimming programs.

**Planning your visit:** Please arrive no earlier than 10 minutes prior to your program start time and leave promptly at the end. Swimming designated clothing must be worn in the pool. Swim diapers must be worn by all children under the age of 2 years and/or not toilet trained. Changerooms, washrooms, and showers are available onsite. The use of photographic devices, including cell phones, is prohibited in change rooms and washrooms. Please do not leave valuables or personal belongings in change rooms. We are not responsible for lost or stolen items. Pets are not permitted in aquatic facilities. Glass, cameras and cell phones are not allowed on the pool deck. You/your child will be directed to area(s) of activity. Please bring swimming progress reports and/or proof of pre-requisites and provide to your instructor at the start of the session. Instructors will support

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participants in learning skills according to level, previous experience, ability, & readiness. If placement changes are needed to better accommodate your child's skill development, we will advise upon completion of the first class. Viewing areas during swimming lessons are available along the outside of the fence perimeter. Seating on the deck is not permitted during swimming lessons. Pool Rules are posted at the facility. Lifejackets are available on a first-come first serve basis. Please obey Lifeguards and staff for your safety. The YWCA is grateful for our partnership with the Town of Aylmer Outdoor pool to deliver aquatic programming. We appreciate your cooperation in respecting the facilities.