YWCA ST. THOMAS - ELGIN Winter 2027 Aquatic Program Guide & Schedule

SWIM FOR LIFE® LIFESAVING SOCIETY

Please register early – online, in person or by phone!

Winter 2027 Aquatic Program Registration open November 23rd, 2026 – January 11th, 2027
Programs at Ontario Police College begin January 18, 2027
Programs at Terrace Lodge begin January 26, 2027

Please review the Aquatic Program Guide & Schedule for important information in advance of registration and prior to attending classes. Thank you for registering early to avoid disappointment. **Please note that registration closes January 11th, 2027. Response to requests for late registrations may be delayed during registration review periods.** For late registrations, please call or visit Aylmer Community Services, 20 Talbot Street East Aylmer at 226-210-6800 or the YWCA, 16 Mary Street West St. Thomas at 519-631-9800 during business hours.

Swimming Lessons: Learn to swim with Lifesaving Society's Swim for Life program!

Swim for Life® stresses lots of in-water practice to develop solid swimming strokes and skills. We incorporate valuable Water Smart® education that will last a lifetime.

$96 per participant per level, 7 classes. *10% Family Discount for 3 or more participants in swimming lessons. *Participants must be from same household. Registration must be processed in one transaction for discount to be applied. Lifesaving Training, Aquatic Leadership and Private/Semi-Private programs do not qualify for family discount. **If financial assistance is required to join in, please contact us to learn more. We are happy to help determine options for support.**

PROGRAM LOCATION: Ontario Police College, 10716 Hacienda Road, Aylmer		
Swim for Life Level	**Mondays, January 18 – March 8, 2027. (No class Family Day February 15, 2027)**	**Fridays, January 22 -March 5, 2027.**
Parent & Tot 2/3	5:15-5:45pm	5:15-5:45pm
Swimmer 1	5:15-5:45pm; 5:50-6:20pm; 6:25-6:55pm	5:15-5:45; 5:50-6:20pm; 6:25-6:55pm
Swimmer 2	5:50-6:20pm; 6:25-6:55pm	5:50-6:20pm; 6:25-6:55pm
Swimmer 3	5:15-5:45pm; 6:25-6:55pm;	5:15-5:45pm
Swimmer 3/4		6:25-6:55pm
Swimmer 4	5:50-6:20pm	5:50-6:20pm
Swimmer 5/6	6:10-6:55pm	6:10-6:55pm
Swimmer 7/8/9	5:15-6:00pm	5:15-6:00pm

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PROGRAM LOCATION: Terrace Lodge, 49462 Talbot Street East, Aylmer			
Swim for Life Level	**Tuesdays, January 26 - March 9, 2027**	**Wednesdays, January 27 – March 10, 2027**	**Thursdays, January 28 – March 11, 2027**
Parent & Tot 1/2	5:55-6:25pm	4:45-5:15pm	4:45-5:15pm
Parent & Tot 2/3	5:20-5:50pm	5:20-5:50pm	5:20-5:50pm
Preschool 1/2	4:45-5:15pm	5:55-6:25pm	5:55-6:25pm
Preschool 3/4/5	6:30-7:00pm	6:30-7:00pm	6:30-7:00pm

Private/Semi-Private Lessons:

4 classes, 30 minutes each; Lesson availability may include Monday evenings, weekly.
Private: $124/Participant/Session; Semi-Private $96/Participant/Session; *Private/Semi-Private lessons do not qualify for family discount. Level may not be accomplished. Spaces are limited. Please join the wait list to confirm interest. Please note that participants on the waitlist will only be contacted after registration closes if space is available. Where space exists, participants on the wait list will be contacted in order of sequence to confirm registration in advance of program start.

LOCATION: Ontario Police College, 10716 Hacienda Road, Aylmer	
Private or Semi-Private Swimming Lessons	Mondays, from 7:00pm-7:30pm February 1, 8, 22 and March 1, 2027 (No class Family Day, February 15)

Aquatic Leadership & Lifesaving Training:

Lifesaving Society Bronze Star (10 hours): Mondays, January 18 – March 8, 2027 (No class Family Day February 15, 2027), 5:25pm-6:55pm
Prerequisites: None. Swim Patrol experience recommended (Swimmer 7/8/9);
Cost: $120, includes exam fee.
This course develops swimming proficiency, lifesaving skill & personal fitness. Candidates refine their stroke mechanics, acquire self-rescue skills, & apply fitness principles in training workouts. Bronze Star is excellent preparation for success in Bronze Medallion.

Swim Instructor (20 hours) at the Ontario Police College

Course Date/Time: Fridays, January 22 to March 5, 5:15-8:15pm
Prerequisites: 15 years of age by the end of the course; Bronze Cross certification (need not be current).
Cost: $175 (includes exam fee) PLUS Required Materials.
Required Materials: Swim Instructor Pack (includes, *Instructor Manual, Swim for Life Award Guide, Teaching Swim for Life)* is required and can be purchased during registration for $112 during registration.
The Lifesaving Society Swim Instructor course prepares the instructor to teach and evaluate the swimming strokes and related skills found in the Lifesaving Society Swim for Life program. Candidates acquire proven teaching methods, planning skills, and a variety of stroke development drills and correction techniques.

Registration Information & Frequently Asked Questions

Connect with us: Please speak with your instructor, Aquatics Coordinator or contact the YWCA if you wish to discuss any aspect of programming. Program surveys are distributed regularly. We appreciate your time in providing your feedback!

Registration

- Please review the Aquatic Program Guide & Schedule for important information in advance of registration and prior to attending classes.
- Registration in advance is required for all swimming lessons, lifesaving and lifeguarding training courses. **Please reach out if financial assistance is required to join in. We are happy to help determine available options for support.**
- Registration may be completed online, by phone, or in person at office location(s) during business hours on a first come, first served basis. Payment is required at the time of registration to secure a space. Registrations will not be processed at the pool.
- Spaces are limited. **Please register early** to avoid disappointment as classes may not be available for last-minute registration.
- Please note that the registration close date is followed by a registration review period to allow for consideration of where class changes or cancellations are required and/or where class additions may be possible.
- For late registrations, please call or visit Aylmer Community Services, 20 Talbot Street East Aylmer at 226-210-6800 or the YWCA, 16 Mary Street West St. Thomas at 519-631-9800 during business hours. Please note that response to requests for late registrations may be delayed during registration review periods.
- Wait lists may be maintained for some programs, where possible. Anyone on a wait list will only be contacted if a space becomes available and if not already registered in another class/time. If a space becomes available, it will be offered to the first person on the wait list in order of sequence. If response is not received within one business day, the space will be offered to the next person on the wait list.
- Classes may be added to the lesson schedule where possible.
- If you are unsure of what level to register your swimmer for, connect with aquatic programming staff and consult the Programs At a Glance for key skills.
    - Instructors will support participants in learning skills according to level, previous experience, ability, & readiness.
    - If placement changes are needed to better accommodate participant skill development, we will advise upon completion of the first class.
- Requests for program registration withdrawals and refund received **prior to registration close on January 11, 2027,** may be accommodated where possible, subject to a $15 administration fee.

Registration Continued:

- Please note that programs are planned based on registrations received and accordingly required spaces. Requests for program registration withdrawals and refund received after registration close date are not eligible for refund. Thank you for your understanding.
- Program withdrawals after session start due to illness or injury may be eligible for refund upon written request minus fees for any sessions attended, program material or supply related costs and a $15 administration fee.

Class schedules

Programs will be available pending sufficient registration and capacity. Participants may be required to move to an alternative time.

- Schedules are subject to change, delays or cancellations may occur.
    - Notice may be minimal in unexpected situations including but not limited to inclement weather, pool fouling, mechanical issues or facility closure.
    - Delayed, missed or cancelled programs or swim times are not rescheduled.
    - Refunds will not be issued after the session begins, for schedule or program changes, delays, or cancellations.
- We will do or best to communicate changes in a timely manner at the Pool, on our website and social media where possible.

Facility Access, Guidelines & Pool Rules

- We look forward to welcoming you at aquatic programs!
- If you or your child(ren) are feeling unwell, please do not attend.
- Please monitor the YWCA website for updates throughout the season, follow posted signage and direction from staff. Failure to follow staff direction, facility expectations or to adhere to safety rules may result in participant(s) removal from the program.
- Upon arrival at facilities, Aquatic staff are available to further direct you to area(s) of activities.
- Please arrive no earlier than 10 minutes prior to your program start time and leave promptly.
- Please stay in designated areas, supervise children and always walk.
- The YWCA is grateful for our partnerships with facilities to deliver local aquatic programming. We expect and appreciate your cooperation in respecting facilities, adhering to facility protocols, always staying within designated areas and leaving them in the same condition as when you arrive. **Please note important indoor pool facility access considerations below:**

Ontario Police College: **10716 Hacienda Road, Aylmer**. Upon entering the Ontario Police College grounds from Hacienda Road, turn left at the first opportunity on Ring Road and continue around and behind the college (towards the water tower). Parking is available in P3 Residence parking lot on the left and a paved walkway on the right leads up to the Pool Entrance. Please park in designated area. Parking on the grass is not permitted. No Parking in Numbered spots. Sign in/out with security is required upon entrance into the facility and prior to exit. Please note that the OPC is a hat free facility.

Terrace Lodge: **49462 Talbot Road East, Aylmer**. A reminder that aquatic programs here are scheduled in a long-term care Home where vulnerable seniors reside. It is important that anyone attending onsite including participant(s)/guardian(s) pre-screen for any respiratory symptoms (nasal congestion, runny nose, cough, headache, general achiness, etc.) and gastroenteric symptoms (nausea, vomiting, diarrhea, etc.) prior to attending each session. Any person with symptoms is reminded that they should not attend programming while symptomatic, as per public health guidelines. Once at the building, please wait for YWCA aquatic staff/volunteer to further direct you to areas of indoor pool facility access. A facility waiver/release must be completed in advance of participation in YWCA Aquatic Programs at Terrace Lodge. Visitor sign in/out is required upon each entrance and prior to exit. For resident safety, an access code is required to enter various areas within the facility. Please always remain in designated areas, enter, exit according to staff direction.

- All children 12 years of age and younger must be accompanied at the facility by a responsible person 13 years or older.
- Guardians of children under the age of 12 are expected to accompany participant(s) to meet their instructor from the changeroom exit onto the pool deck and to meet their child there for pick up at the end of aquatic program. **Street shoes are not permitted on the pool deck.**
- Changerooms, washrooms, and showers are available onsite.
- Swimming designated clothing must be worn in the pool. Swim diapers are mandatory and must be worn by all children under 2 years of age and for those who are not toilet trained.
- Please do not leave valuables in change rooms. We are not responsible for lost or stolen items.
- Anyone not participating in aquatic programs must stay in designated areas. Seating on the pool deck is not permitted. Viewing areas are available, however seating and areas are limited.
- The use of cell phones is NOT permitted on the deck of any pool.
- The use of photographic devices, including cell phones, is prohibited. Thank you for respecting the privacy of other children and participants. If you would like a photo opportunity, please speak with Aquatics Coordinator in advance.
- Pool Rules are posted at the facility and communicated by Aquatic Staff.
- Each bather shall take a shower using warm water and soap and thoroughly rinse off all soap before entering or re-entering the deck.
- Guests with serious medical conditions are at greater risk while swimming and should be accompanied at all times by a person knowledgeable of their condition and responsible for their direct supervision.
- No person infected with a communicable disease or having open sores on their body shall enter the pool.
- No person shall bring a glass container into the pool enclosure.
- No person shall pollute the water in the pool in any manner and that spitting, spouting of water and blowing the nose in the pool or on the deck are prohibited.
- No person shall engage in boisterous play in or about the pool.
- Pets are not permitted in aquatic facilities.